

Wendy 4 Therapy

Today's date: _____

Patient's name: _____

Patient's DOB: _____

Patient's current age: _____

Your name: _____

HOME LIFE

<u>Why are you here for a PT evaluation?</u>	
<u>Goals for PT:</u> -Home life, personal hygiene, chores, occupation, athletics, family routine - Primary areas of focus for PT	1. 2. 3. 4.
<u>Social/Emotional:</u> Does deficit affect patient socially? Emotionally? How?	
<u>Do I have your permission</u> to talk to referring MD, other PT, specialists, take photos (provide details on financial intake)	

PAST MEDICAL HISTORY

<u>Past medical history of patient:</u> Broken bones? Surgery? Injury? Accident? Major head strikes with a fall?	
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<p>Past PT? - What tried? What worked? What didn't? Where? How often? When stopped?</p>	
<p>Pain - Do you complain of pain? - Where? How often? - What makes it better? Worse?</p>	
<p>Current medical conditions - Diagnoses - Medications - Vision/hearing - Specialists seen & why</p>	
<p>Can you now (or have you ever been able to...</p>	<ol style="list-style-type: none"> 1. Can you place your hands flat on the floor without bending your knees? 2. Can you bend your thumb back to touch your forearm? 3. Do your elbows "bend the wrong way?" 4. Do your knees hyperextend? 5. Can you pull your little finger backwards to 90 degrees to the back of your hand? <ul style="list-style-type: none"> • • As a child, did you amuse your friends with how flexible you were or could you do the splits? • Have you had shoulder or kneecap dislocations?

RECREATION

<p>Hobbies Typical day? Preferred recreation?</p>	
<p>Occupation Job requirements that are difficult</p>	

Symptoms

Flexibility

1, Can you place your hands flat on the floor without bending your knees?	Yes/No
2. Can you bend your thumb back to touch your forearm?	Right/Left
3, Do your elbows “bend the wrong way?”	Right/Left
4. Do your knees hyperextend?	Right/Left
5. Can you pull your little finger backwards to 90 degrees to the back of your hand?	<u>Right/Left</u>
SCORE	_____
<ul style="list-style-type: none"> As a child, did you amuse your friends with how flexible you were or could you do the splits? Have you had shoulder or kneecap dislocations? 	Yes/No
	Yes/No

Circle all that apply:

<u>Neurological</u>	<u>Musculo/skeletal</u>	<u>Skin</u>	<u>GI/Digestion</u>
Migraine	All over body pain	Stretchy skin	Constipation
Headache	Joint pain	Poor scar formation	GI distress
Difficulty falling asleep	Fatigue easily	“cigarette scar”	IBS
Difficulty staying asleep	Long, slender fingers	Keloid scar formation	Hernias (umbilical, inguinal)
Light sensitivity	Flat feet	Prolonged healing of skin	Poor gut motility
Confusion	Long, thin face	Stitches “don’t hold”	Nausea
Memory loss	Hammer toes	Gum recession	Heartburn
Dizziness	Frequent sprains/strains	Bruise easily	Bloating
Difficulty anesthetizing	Dislocations	Fragile skin	Anal prolapse
Sciatic pain	Dental crowding	Stretch marks	Bladder incontinence
Pain meds don’t seem to work	TMJ	Allergy to tape	Bowel incontinence
Hypermetabolizer of meds	Handwriting is difficult		Food allergies
Anxiety	Overuse injuries	<u>Heart/Lungs/Blood</u>	
Depression	Tendonitis	Difficult to get IV/blood draw	
Bump into things/clumsy	Cartilage tears	Varicose veins	
Poor temperature regulation	Sprains/strains of ligaments	Palpitations	
Multiple chemical sensitivities	Joints that click	Dizziness when stand up	
Morton’s neuroma	Muscle spasms	Miscarriage	
Difficulty swallowing	Osteoporosis	Premature labor	
ADHD	“Growing pains”	Fatigue easily, need to lean or sit	
Tendency toward self harm	Pubic bone pain		
Suicidal ideation	SI joint pain		
Chiari	Neck pain		
Cranial-cerv instability	Head feels “heavy”		
	Tendency to brace joints		
	Difficulty sitting/standing		